



S.R.K.R.ENGINEERING COLLEGE(A)
Chinnamiram::BHIMAVARAM-534204



Email : nsssrkrec@gmail.com

NSS Unit Code 90214510
Event Type Awareness Activity
Title of the Event Yoga day-2021
Event Start Date: 21/06/2021
Event End Date: 21/06/21

Description International Yoga day was celebrated by NSS UNIT in association with "ART OF LIVING" disciples. The resource persons are Sri. P. Ramesh Raju Garu and Sudarshan Garu "ART OF LIVING" teachers. Principal Dr.M.Jagapathi Raju garu, Dr.P.Bhavani garu, HOD, dept. of Engineering chemistry , staff and students participated in the program.



English Translation for the above paper clipping: Yoga Day was celebrated on the occasion of International YOGA DAY in S.R.K.R. Engineering college. S.R.K.R.Engineering college principal Dr,M Jagapathi Raju said that entire world was following India to inculcate the good health habits through YOGA. Yoga resource persons Sri Sudarsan and Sri Ramesh raju made the participants to perform Yogasanas and sudarshana kriyas . They also explained the importance of each asana and prnayamas. Dr. P.Bhavani said that not only in India, entire world has identified the greatness of yoga and its disease curable capabilities with some live examples. N.S.S.unit in association with ART OF LIVING disciples, students and staff participated in the program.

[Signature]
PRINCIPAL
S.R.K.R. Engg. College
BHIMAVARAM-534 204

